Tayud Elementary School

Tayud , Consolacion , Cebu

Periodical Test Q1 in

Health 6

**I. A** .Choose the correct answer from the box that describes the personal health issues. Write your answer on the blank.

 **Otitis Media Stunted Growth Obesity Vision Scoliosis Blisters , Underweight**

\_\_\_\_\_\_\_\_\_\_\_\_ 1. It is medical condition in which person's spine has a sideways curve. \_\_\_\_\_\_\_\_\_\_\_\_\_2 . It is a small pocket of body fluid (lymph , serum, plasma, or pus) within the upper layer of skin.

 \_\_\_\_\_\_\_\_\_\_\_\_\_3. It is reduced growth rate in human development. \_\_\_\_\_\_\_\_\_\_\_\_\_4. It is defined as abnormal excessive fat consumption that presents the upper layers of the skin.

 \_\_\_\_\_\_\_\_\_\_\_\_\_5. It refers to eye movement control eye and coordination.

B. Choose the correct answer from the box that describes the personal health issues.Write your answer on the blank.

  **Sunburn Xerophthalma Corns Hyperopia Strabismus Astigmatism**

 \_\_\_\_\_\_\_\_\_\_\_1. It is in growing callus often on foot. \_\_\_\_\_\_\_\_\_\_\_2. Is a form of radiation burn from the sun? \_\_\_\_\_\_\_\_\_\_\_3. It is also called crossed eyes. \_\_\_\_\_\_\_\_\_\_\_4. Is a medical condition in which the eyes fail to produce tears?

\_\_\_\_\_\_\_\_\_\_ 5. It is when the eyes do not focus light evenly on the retina.

**II.** Identify the undergoing health appraisal procedures. Choose your answer from the choices.

**Breast self-examination Scoliosis test Vision Screening Scoliometer Hearing Test**

1.\_\_\_\_\_\_\_\_\_\_\_It is an examination that the doctor or nurse practitioner check the women's breast to check any lumps and bumps and see if there are changes since the last exam. 2. \_\_\_\_\_\_\_\_\_ is a part of an ear exam that tests how well a person is able to hear. 3. \_\_\_\_\_\_\_\_\_\_ is an efficient and cost effective method to identify children with visual impairment or eye conditions.

4. \_\_\_\_\_\_\_\_\_ is a simple screening test that can detect potential problem or unevenness of the spinal colon. 5. \_\_\_\_\_\_\_\_\_\_ is an instrument used to determine the severity of the curve of the spinal colon.

III. Write **TRUE** if the statement avails the health services in the school and **FALSE** if it is not. 1. A young girl has a regular check- up by the dentist in school and in the community. 2. Carl accidentally slip on the floor and suffered from pain because the doctor is out in the community. 3. The pupils of Tayud Elementary School were dewormed every six months. 4. Every time my cousin suffered from dysmenorrhea, she runs to her mother for a medicine. 5. The whole grade six class of Tayud Elementary School is beneficiary of the NGO dental mission.

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IV. Identify the following health services – school health services draw a triangle ( ) ,if it is a community health services draw a circle ( ) on the blank.

\_\_\_ \_1. Deworming

\_\_\_\_ 2. Dental check by a school dentist

\_\_\_\_ 3. Medical and nursing services

\_\_\_\_ 4. Mental and health counselling

\_\_\_\_5.Nutritional Counselling

\_\_\_\_ 6. Extraction of tooth (Dental services)

\_\_\_\_ 7. Communicable Disease Control

\_\_\_\_ 8. Vaccination

\_\_\_\_ 9.Checking of physical health by a school nurse

\_\_\_\_ 10. Checking of physical condition by a community doctor

V. Direction: Identify the best health resources for each situation. Choose the correct answer.

 **Podiatrist Ophthalmologist Nephrologists Paediatricians Obstetrician Surgeon**

1. At birth, Baby Mica must already have her own medical specialist to monitor her growth and development.

 Who should her parents consult?

2. Lucio is having difficulties urinating. He is starting to experience edema too.

3. Mike plays computer games every day. One day , after playing, his vision became blurred.

4. Aerial’s daughter Dianne , a six year old , told her dad that her tummy was aching. To whom should her

 dad consult about her?

5. Jason’s left foot have plenty of corns. To whom should he consult about it?

Direction: Match the description in Column A with the community health resources in Column B.Write the letter of the correct answer.

 **A B**

1. Performs surgical related cases . A. Neurologist

2. Specialist in the treatment of mental and emotional disorders. B. Gynecologist

3. Specialist in in diagnosing and treating nervous system. C. Gerontologist

4. Specialist in women’s condition? D. Psychiatrist:

5. Specialist in age and elderly? E. Surgeon

Key answer:

I.A. 1,scoliosis

 2.blisters

 3. stunted growth

 4. obesity

 5. vision

B. 1.corn

 2.sunburn

 3.strabismus

 4.xerophthalma

 5.Hyperobpia

II. 1.breast self examination

 2. hearing test

 3. vision screening

 4.scoliosi test

 5. scoliometer

III. 1.TRUE

 2. FALSE

 3. TURE

 4. FALSE

 5. TRUE

IV. 1.

 2.

 3.

 4.

 5.

 6.

 7.

 8.

 9.

 10.

V. 1. OBSTETRICIAN

 2.NEPHROLOGIST

 3.OPHTHALMOLOGIST

 4. PEDIATRICIAN

 5. PODIATRIST

VI. 1. E - SURGEON

 2. D - PSYCHIATRIST

 3. A – NUEROLOGIST

 4. B – GYNECOLOGIST

 5. C - GERONTOLOGIST